



# ACUPUNCTURE AT THVC

Two Harbors Veterinary Clinic now offers acupuncture for small companion animals. Acupuncture is a form of Traditional Chinese Veterinary Medicine (TCVM) which has been practiced for thousands of years on animals. Alternative or complimentary medicine such as acupuncture can be used either in place of Western Medicine or in conjunction with typical Western Medicine treatments.

The goal of acupuncture is to repair imbalances within the body in an effort to help the body heal itself, to alleviate pain & discomfort. Acupuncture can also be used to stimulate appetite & improve overall endurance.

Examples of some of the many diseases & disorders that may benefit from acupuncture & Chinese Medicine:

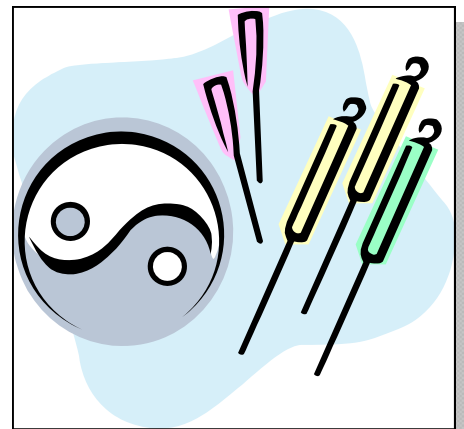
- Osteoarthritis
- Degenerative Joint Disease
- Intervertebral Disc Disease
- Decreased Appetite

- Skin Conditions – such as Acral Lick Granuloma
- Many Neurologic Disorders including:
  - Laryngeal Paralysis
  - Neuropathy
  - Horner's Syndrome
  - Vestibular Disease
- Nausea
- Asthma
- Pain Management
- Aortic Thromboembolism
- Allergies
- Behavior Issues
- Supportive care for:
  - Cardiac Disease
  - Kidney Disease
  - Liver Disease
  - Cancer

Most pets tolerate acupuncture treatments quite well, many even relax to the point of dozing off during treatments. An acupuncture treatment typically lasts from 20-40 minutes. For some conditions electroacupuncture is used to provide a more intense stimulation of

the points used. The number of treatments required vary widely depending upon the type of condition being treated, some only require one or a few treatments, while other, typically chronic conditions, require some sort of maintenance treatments. The goal with chronic conditions is to find the longest period possible between treatments, often between once every 4-8 weeks.

Please call to schedule a consultation with Dr. Nordquist if you think your pet might benefit from acupuncture.



**Dr. Nordquist received her 130 hour CE training in TCVM & acupuncture at the Chi Institute in Florida from Dr. Huisheng Xie. Dr. Xie holds master's degree in Chinese medicine & a PhD from the University of Florida at Gainesville in neurophysiology & acupuncture as pain relief in horses. In addition to teaching at the Chi Institute, Dr. Xie is also a faculty member of Complementary & Alternative Medicine at the School of Veterinary Medicine in Gainesville, FL.**